

# GLUTEN FREE BATTER MENU

ALL FRIED USING OUR OWN SPECIAL GLUTEN FREE BATTER

Cod <b>5</b>	£13.95
Haddock 🗗	£13.95
Plaice <b>G</b>	£14.95
COD BITES (5 PCS)	£8.95
KID Cod BITES & CHIPS 🕝	£5.95
ONION RINGS	£4.00
<b>DEEP FRIED MARS BAR</b> with a scoop of Mövenpick Ice Cream	£3.75
Warm Apple Crumble	£3.75
Stickie Toffee Puding	£3.75
1 Scoop of Mövenpick Ice Cream Vanilla, Chocolate or Strawberry	£2.25
<b>2 Scoops of Mövenpick Ice Cream</b> Vanilla, Chocolate or Strawberry	£3.75
Daura Damm Gluten-Free Beer 330	ml <b>£4.45</b>
Peroni Gluten-Free Beer 330	ml <b>£4.45</b>

Gluten free fish is fried in separate oils to the rest of our fish. However some cross contamination may occur. We take extra care to ensure we avoid this.



RESTAURANT • TAKEAWAY • DELIVERY
FRESH FISH DAILY



Matzo Meal —— Battered —— Grilled Fish ————

Gluten Free — Fresh Fish Daily

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Olives	
Fresh Ciabatta Bread & Olive oil	
Soup of the day	
House Salad	
Grilled Goats Cheese Salad	
Grilled Halloumi Cheese Salad	
Battered Onion Ring	
Home Made Fish Cake (1 piece)	
Battered or Grilled Halloumi	
CIDEC	
SIDES ===	
Chips for One	
Chips for Two	
Curry Sauce	
Garden Peas	
Mushy Peas	
Heinz Baked Beans	
Coleslaw	
Pickled Onion/Pickled Egg	
Mash Potato	
New Potatoes	
Sweet Potato Chips	
Battered or Grilled Halloumi	
Roasted Vegetables	
Green Beans	
Spinach	
Onion Rings Traditional Batter or Gluten Free	
Buttered Roll	
SALADS	
House Salad	
Grilled Halloumi Cheese Salad	
Grilled Goats Cheese Salad	£5.95
Icraoli Salad	25.05

finely diced tomatoes, cucumbers and peppers

topped with olive oil and lemon juice

Cod       £13.95         Haddock       £13.95         Plaice       £14.95         Fish Burger       £9.95         Fish Steak in our delicious Batter or Matzo Meal
Plaice£14.95 Fish Burger£9.95
Fish Burger£9.95
Fish Burger £9.95
in a roll with Salad and Chips
Cod Goujons with chips£8.95
Home Made Fish Cake£9.95 2 pieces with salad and mango salsa or chips

## FROM THE GRILL

Freshly prepared for you on our grill with one of our fabulous range of sauces and toppings for you to choose from, just let us know which one you would like

- Just Plain Grilled Mango Salsa Cajun Spices
- Thai Sweet Chilli Tomato Mediterranean

Cod with chips or salad £	14.95
Haddock with chips or salad £	214.95
Plaice Fillet with chips or salad £	215.95
Salmon Fillet with salad £	214.95
Tuna with salad£	215.95
Sea Bass Fillet with salad £	214.95
Whole Sea Bass with salad £	216.95
Whole Sea Bream with salad £	216.95
Salad Nicoise	16.95

# ——— OLIVERS ——— OPEN CIABATTA GRILLS

All served on a warmed Ciabatta roll with house salad, dressing and a handful of chips.

Tuna Sensation£16.95
Grilled Sea Bass Fillet£15.95
Grilled Salmon Fillet£15.95
Veggie Sensation £9.95 Grilled aubergine, goats cheese, courgettes, roasted peppers and salad
Home Made 5 Bean Vegaie Burger £9.95

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DESSEIVES
Cheese Cake With Cherry Compote $\pounds 3.75$
Hot Sticky Toffee Pudding£3.75 with a scoop of Vanilla Ice Cream
Warm Apple Crumble
Battered Deep Fried Mars Bar£3.75 with a scoop of Vanilla Ice Cream
1 Scoop of Mövenpick Ice Cream £2.25 Vanilla, Chocolate or Strawberry
2 Scoops of Mövenpick Ice Cream £3.75 Vanilla, Chocolate or Strawberry
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GIILDIALIA
Cod Goujons (Batter or Matzo Meal) £5.95 Served with chips & Capri Sun

# BFVFRAGES =

Home Made Fishcakes ...... £6.95

Served with chips & Capri Sun

Coke, Diet Coke, Fanta, Sprite, Coke Zero $£2.45$		
Still Mineral WaterSml Bottle 55cl £2.00		
Still Mineral WaterLrg Bottle 75cl £3.00		
Sparkling Mineral WaterSml Bottle 55cl £2.00		
Sparkling Mineral WaterLrg Bottle 75cl £3.00		
Orange/Apple/Cranberry Juice£2.45		
Fentimans		
Capri Sun Blackcurrant, Orange £1.50		

# HOT DRINKS

English Tea	£2.45
Herbal Tea	£2.45
Fresh Mint Tea	£2.45
Coffee	£2.25
Cappuccino	£2.25
Cafe Latte	
Hot Chocolate	£2.25
Espresso	£2.25

# = BOTTLED BEER & CIDERS =

Please note our alcohol can only be sold with a	ı tull meal
Budweiser Budvar 5%ACL	£3.95
Stella Artois 5.1%ACL	£3.95
Carlsberg Lager 3.8%ACL	£3.95
Becks 5%ACL	£3.95
Fullers London Pride Ale 4.5%ACL	£3.95
Apple Cider 500ml Bottle 4.5%ACL	£3.95
Pear Cider 500ml Bottle 4.5%ACL	£3.95

# — WHITE WINE —

	Glass	Bottle
HOUSE WHITE 12.5% French		£13.95
The white is dry, like a hot hazy summ & tastes like a honey bee's legs, a ho	ner's day,	
who's been dabbling among nectaring	ie flowers	
PINOT GRIGIO 12% Italy	£3.95	£14.95
It has a soft apple fruit appeal dry to		

medium dry, light, lively & fresh, well balanced SAUVIGNON BLANC......£4.95 ... £16.95 12% New Zealand

Classic Marlborough Sauvignon Blanc crammed full of juicy fruit & a refreshing finish

CHENIN BLANC 13% South Africa ........... £13.95 Cooled by Atlantic breezes, which give the wine great complexity & classic Chenin character. Lovely apple, citrus & floral notes, with a crisp, dry finish

PROSECCO 11% ITALY.....£4.95 ... £14.95 This faintly straw-coloured prosecco with a delicate mousse boasts a nice, balanced bouquet characterised by subtle aromas of wisteria, Golden Delicious apples and pear.

# RED WINE

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	Glass	Bottle
HOUSE RED 12.5% French The red is all juicy berries & spices an induces one's insides to go all tingly		£13.95
HOUSE ROSE 12% French Very fresh and lively on the taste with good fruit character & a touch of spic dry in style but with excellent fruity tast	e,	£13.95
MERLOT 13% Chile	rs of plum,	£15.95

RIOJA 13% Spain £15.95
Full and round and packed full of fruit,

crisp acidity and ripe tannins.